Holistic Health Services

Holistic and Integrative Medical Care and Diagnostic Services

Bio-Identical Hormone Consultations

BIA Bio-Impedance Analysis DEXA Osteoporosis Evaluations DPA Cardiovascular Health Evaluation

Professional Dietary Supplements Holistic Health Products

Preventing and Reversing Diabetes Hypertension Management Weight Loss Management Women's Health and Education Services Wellness Education Classes Nutrition Consultative Services

Naturopathic Consultations Homeopathic Consultations Hypnotherapy Reflexology Medical Massage Therapy

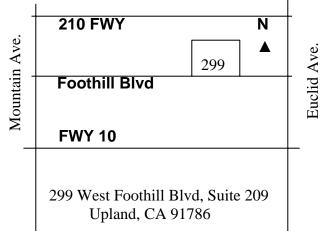
Natural Skin Health and Cosmetic Services Natural Anti-Aging & Skin Care Products

Payment for Holistic Consultations is due at the time of service, as it is not covered by insurance. For your convenience, we accept most major credit cards.

Holistic Diagnostic Services Wendy Rashidi MD

- Complete Physical Exam and Health Appraisals
- Comprehensive Hormone Profiles by Saliva or Blood
- Comprehensive Blood Chemistry
- Neurotransmitter Analysis
- Vitamin and Mineral Testing
- Food Allergy Evaluations
- Cardiovascular Risk Screening
- Toxic Metal Screening
- Bone Density Testing

Upland Location



PHONE (909) 982-4000

Integrated Medicine

Holistic Health Care



WOMEN'S VIEW MEDICAL GROUP

Wendy Rashidi, M.D., FAAFP, FABHM

299 West Foothill Blvd. Suite 209 Upland, California 91786 (909) 982-4000

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Wendy Rashidi, M.D. FAAFP, FABHM

Dr. Rashidi is the founder and director of Women's View Medical Group. With over 20 years experience as a family physician, she emphasizes a preventive approach that optimizes health through nutrition and healthy lifestyle. Utilizing knowledge of clinical nutrition, biochemical pathways and physiology, she is among the leading health care professionals that specialize in the practice of Functional Medicine using an integrated and holistic approach. Dr. Rashidi offers up to date knowledge and medical credentials to provide a thorough assessment and a full range of treatment options that include holistic and natural alternatives to help many different health conditions.

Credentials:

Board Certified Family Physician Board Certified in Holistic Medicine Member:

American College for Advanced Medicine American Holistic Medical Association American Academy of Family Physicians Orthomolecular Medicine Society has completed over 1000 hours of training in Holistic, Integrated & Functional Medicine

What Is Holistic Medicine?

Holistic Medicine is a system of health care which fosters a cooperative relationship among all those involved, and emphasizes the need to look at the whole person, including assessment of physical, nutritional, environmental. emotional, social, spiritual and lifestyle values. It encompasses all modalities of diagnosis and treatment, including drugs and surgery if no safer alternative exists. Holistic medicine focuses on education and responsibility for personal efforts to achieve balance and well being.

An important part of the holistic approach to health is well balanced hormones. Dr. Rashidi specializes in Bio Identical Hormones and comprehensive hormone evaluation and balancing, including thyroid and adrenal.



Holistic Consultations

- General Wellness Evaluation to Achieve Optimal Health and Well-Being
- Customized Nutritional Supplements
- Bio-Identical Hormones for Women and Men
- Thyroid and Adrenal Evaluations
- Hormone Balancing for PMS, Postpartum, Menstrual Irregularities, Perimenopause
- Anxiety, Insomnia, Depression
- Attention Deficit Disorders
- Arthritis, Fibromyalgia, Chronic Fatigue
- Asthsma, Allergies and Sinus
- Cardiovascular Risk Reduction: Blood Pressure, Cholesterol
- Diabetes and Blood Sugar Problems
- Detoxification
- Digestive Disorders: Irritable Bowel, Candida, Chronic Indigestion, Reflux, Diarrhea, Constipation, Bloating
- Natural Skin Health: Acne, Varicose Veins
- Osteoporosis and Osteopenia
- Stress Management